

# Packages



*Dedicated packages ...  
to resident customers who want to enjoy a complete well-being during their stay and then...  
to external customers who want to spend some time and satisfy their needs.  
A Wellness Package is also an excellent gift idea always very welcome.  
Wellness packages are always carried out over several days.  
It is recommended to complete the sessions with the wellness path in our spa, to be booked in advance.  
External customers who book a ritual are entitled to a special discount for the admission at the spa, to be requested at the time of booking the package.*

## Package Afrodite Goddess of beauty and love

€ 408 346

### BENEFITS

Drainage and anticellulite.  
Improves cellulite inesthetics by promoting liquid drainage.

### IDEAL

For all kinds of cellulite. also for women in pregnancy or in breastfeeding (no swedana).

- ❖ Nr. 1 Ayurvedic peeling 55'
- ❖ Nr. 1 General lymphatic drainage massage with ayurvedic oil 50'
- ❖ Nr. 1 Udwartana: massage with oil and erbals 55'
- ❖ Nr. 1 Ayurvedic mud + Swedana (steambath) 25'
- ❖ Nr. 2 Anticellulite massages 50' x 2



*"Outward beauty is the visible component of the inner one. And it manifests itself through the light that emanates from the eyes "(P. Coelho)" (P. Coelho)*

# Package Hebe

Goddess of spring

€ 408 346

## BENEFITS

Reducing and modeling.  
Improves circulation and favors the excessive grease.  
firms up and rishapes the body.

## IDEAL

For those who have decided to reduce their own weight and feel better with themselves and the others.

- ❖ Nr. 1 Ayurvedic peeling 55'
- ❖ Nr. 1 Udwartana: massage with oil and erbals 55'
- ❖ Nr. 1 Ayurvedic mud + Swedana (steambath) 25'
- ❖ Nr. 1 Pindasweda 55'
- ❖ Nr. 2 Remodeling massages 50' x 2



"The awakening, the elimination of the old, the rebirth...this is spring and it is what each of us can be. Have the courage to be your spring!"

# Package Charme& Relax

€ 380 239

## BENEFITS

A mix of wellness and beauty in these packages designed for Her and for Him.  
A special gift idea to be given to yourself or those who we care about.

## IDEAL

For everybody.

### For HIM

- ❖ Nr. 1 Udwartana (ayurvedic massage with oli and herbal powders) 55'
- ❖ Nr. 1 Personalized face treatment 50'
- ❖ Nr. 1 Back and cervical treatment(massage, mud &swedana steam bath) 50'
- ❖ Nr. 1 Hot Stone Massage (massage with oil and hot lava stones) 50'

### For HER

- ❖ Nr. 1 "Scent of Lake" treatment 50'
- ❖ Nr. 1 Personalized face treatment 50'
- ❖ Nr. 1 Lomilominui massage 55'
- ❖ Nr. 1 Legs massage 25'
- ❖ Nr. 1 personalized Ayurvedic mud with swedana (steam bath) 25'



After each treatment always follows a little relaxation with herbal teas

# Package Eracle

God of strength and courage

€ 290 249

## BENEFITS

Defatiguing&decontracting.

A path that relax the musculation and the joints, reduces tiredness and contractions and prepares the physical effort.

## IDEAL

For sportsmen and sportwomen.

- ❖ Nr. 1 Sport massage 50'
- ❖ Nr. 1 Pindasweda: massage with warm bags of herbs and spices 55'
- ❖ Nr. 1 Back decontracting treatment 50'
- ❖ Nr. 1 Hot Stone 50'



"Happiness exists where there is courage."

# Package Himalaya

€ 395 349

## BENEFITS

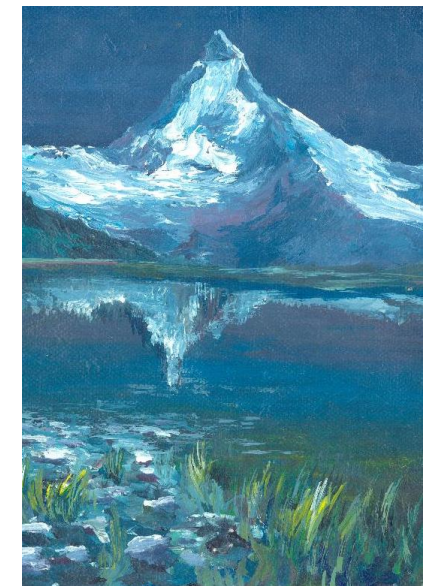
Detox, draing, anticellulite.

A path of purification that eliminates slags and liquids excess from the body and reactivates the recycling of the vital lymph.

## IDEAL

For those who soffers swellings and retention and those who want to purify their body and prepares it for a new season.

- ❖ Nr. 1 Himalayan scrub with synergy of salts 25'
- ❖ Nr. 1 Cold bandage with draining action 20'
- ❖ Nr. 2 General lymphatic draining massages with specific oil 50' x2
- ❖ Nr. 2 Anticellulite massages 25' x2
- ❖ Nr. 2 Anticellulite bendages 20' x2



# Package Peace of the senses

€ 190 169

## BENEFITS

Relaxing, cheering up.

A trail that relax from the body and mind tensions. a cuddle that envelops and gives serenity.

## IDEAL

For everybody.

- ❖ Nr.1 "Scent of Lake" treatment 50'
- ❖ Nr. 1 Hawaiian Lomi Lomi Nui massage 50'
- ❖ Nr. 1 Face/head/neck massage 25'



# Package Maternity

€ 205 179

## BENEFITS

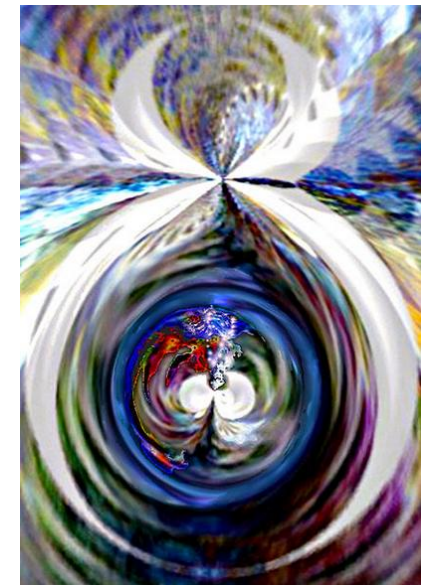
Relaxing, draining, rebalancing.

A path that relaxes and prepares the future mother, at the same time, eliminates the retention and the typical swellings of maternity.

## IDEAL

For the wonderful women that soon will give birth to a new life.

- ❖ Nr. 1 Lympho-draining leg massage 25'
- ❖ Nr. 1 Face – head massage 25'
- ❖ Nr. 1 Moisturizing "Bio Face" facial treatment 50'
- ❖ Nr. 1 Sweet waiting massage 50'



# Package Oriental Elixir

€ 228 189

## Elixir VATA

Energetic, antistress& calming action.

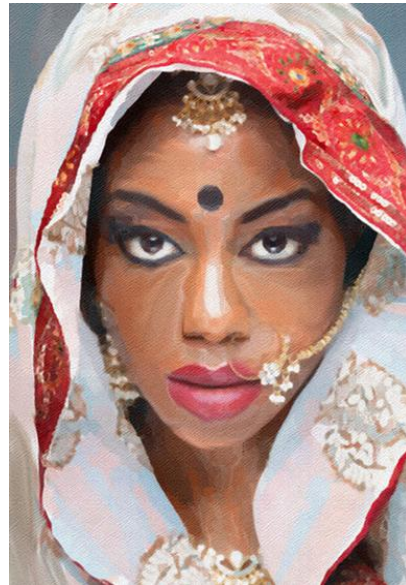
## Elixir PITTA

Energetic, relaxation & draining action.

## Elixir KAPHA

Energetic, toning or slimmingaction.

- ❖ Nr. 1 Udwartana (oil massage with herbal powders followed by the application of ayurvedic mud and the laying under a steam bath 1h, 30'
- ❖ Nr. 1 Personalized ayurvedic Massage followed by the application of a specific ayurvedic mud and the laying under a steam bath 1 h 30'



dHARA  
wellness

Belfiore <sup>★★★★</sup>  
SUPERIOR  
Park Hotel